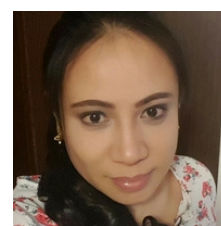
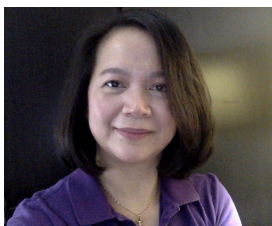


## TEACHERS & NURSES WEEK

May 6th kicks off Teacher Appreciation Week and National Nurses Week.

The prefect opportunity to recognize the contributions of our Drake Medox College Health Care Assistant instructors both on the frontlines and in the classroom. We appreciate their hard work, dedication, and compassion in providing essential care to their residents/patients and the training and mentorship they impart on their students.

Thank you to ALL our HCA instructors for ALL you do!!!



## MOTHER'S DAY CONTEST

In honor of **Mother's Day** on May 12th, we are hosting our Annual Mother's Day Photo Contest.

Share one of your favorite photos with your mother or children on our Facebook or Instagram and automatically be entered in a draw to **win a \$100 gift card**. 2 random winners will be drawn and announced on May 14th.



## HYPERTENSION AWARENESS MONTH

As healthcare professionals, understanding hypertension is crucial in providing quality care. This condition, often referred to as the '*silent killer*,' affects millions worldwide and can lead to severe health complications if left unchecked.

**Below are 7 strategies to help prevent hypertension:**

1. Eat a balanced diet with less sodium and saturated fats.
2. Stay active with regular exercise.
3. Limit alcohol and quit smoking.
4. Manage stress through relaxation techniques.
5. Monitor blood pressure regularly.
6. Get enough quality sleep.
7. Follow medical advice and take prescribed medication as directed.

For more information about preventing High Blood Pressure visit:

(<https://www.cdc.gov/bloodpressure/prevent.htm>)

## HERE WE GROW AGAIN!!



Due to increasing demand for our Health Care Assistant Programs, we are looking to **hire more nurses to join our team of amazing instructors**. If you know anyone who is interested in part-time teaching opportunities please ask them to email their resume to: [bfry@na.drakeintl.com](mailto:bfry@na.drakeintl.com)

**\*\*ALL THE FOLLOWING QUALIFICATIONS MUST BE MET\*\***

- A minimum of 2 years of full-time nursing experience in Canada (or 2800 hrs.)
- Current full registration with the BCCN&M - BC College of Nurses & Midwives
- Demonstrated ability to mentor and/or teach adult learners
- Experience working with older adults with complex care needs in home support and multi-level/complex care

## CELEBRATING CURRENT AND NEW ADDITIONS TO THE TEAM!



**CHERRY ROSARIO**

**STUDENT SERVICES COORDINATOR**



**NIAMH MCDONAGH**

**PRACTICUM COORDINATOR**

**Welcome Niamh and Cherry to the Drake Medox Family!**

**Niamh** joined us as our new Practicum Coordinator to assist students with their requirements and scheduling of practicum, FoodSafe and CPR.

**Cherry** greets students and visitors at our front desk in Vancouver and performs a number of student services including the issuance of credentials at our Vancouver campus.



**RUBY DRIEDGER**

**INSTRUCTOR OF THE QUARTER**

**Thank you for going above and beyond in all you do!**

Congratulations to **Ruby** for excelling in all areas of the award's criteria including delivering an excellent student experience. **Patricia** was recognized for demonstrating exceptional initiative and teamwork during a very busy period of the year which included the issuance of all student income tax forms.



**PATRICIA CATALIG**

**EMPLOYEE OF THE QUARTER**