DRAKE MEDOX JANUARY 2024 NEWSLETTER DRAKE MEDOX COLLEGE www.drakemedoxcollege.ca | 604-629-0196

NEW YEAR'S GREETING FROM OUR COLLEGE DIRECTOR

Here we are once again at the end of another year 2023 and about to embark on a new year 2024. It is important to take this opportunity to reflect on what we set out to accomplish this past year and did we achieve our goals and if we didn't why not? What do we need to focus on in 2024 and how do we want to achieve these new goals?

It's easy to just keep putting one foot in front of the other and continue on the same path, day in and day out, but will this path eventually get us to where we want to be, will it lead us to better health or happiness or do we need to shake things up a bit and try a new direction, a new approach to our relationships with others, a new challenge, maybe a new you? We cannot keep doing the same things repeatedly and expect a different result in ourselves, our careers, or our relationships with others.



So, what does 2024 hold in store for each of you? Only you can decide the answer to that question by reflecting on where you are now and where you want to be at the end of this new year 2024 and then setting out a new path to get there. Do not be afraid to shake things up a bit, have some fun, try something new like learning a new language, meeting new people, or studying for a new career. You never know where this new path, new direction or new approach could you lead. May the new year bring each of you warmth, love, and light to guide your path to a positive destination.

Barbara Fry -Senior Director

JANUARY IS ALZHEIMER'S AWARENESS MONTH



January marks the beginning of Alzheimer's Awareness Month 2024 and the Alzheimer Society of B.C. invites you to join them in challenging dementia stigma. While one in two British Columbians believe that a dementia diagnosis means the end of a meaningful life, Alzheimer's Awareness Month is an opportunity to spotlight people on the dementia journey who continue to find joy and purpose.

Source: https://alzheimer.ca/bc/en



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HOLIDAY FOOD DRIVE

Thank you to all the Drake Medox students and staff who contributed non-perishable food items to our Annual Holiday Food Drive.

All donations were distributed to those in need through local community partners including Surrey Urban Mission Shelter.





Venus Bendovio-FILAC Scholarship Winner

DRAKE GIVES BACK IN 2023

Each year Drake Medox College awards deserving individuals with the GIFT OF EDUCATION through our Scholarship Program.

In 2022 we were honored to award over \$50,000 in full tuition scholarship grants to students through a number of community partner events and our "Pay-It-Forward" nomination program.

WELCOME TO THE DMC FAMILY



The Drake Medox Family is pleased to welcome **PRATITEE KAMAL** to our Student Services Team. As a recent graduate of a Masters in Administrative Sciences, she understands the unique needs of our students.

Pratitee will be working from our Surrey Campus to support our students with all aspects of their schooling including onboarding and graduation documents. Congratulations and our sincerest gratitude to JAYSON ALFILER and all the amazing mentors at Elim Village who help guide our students through their practicum experience.



MARVELOUS MENTOR AWARD