

KEEPING THE ELDERLY SAFE IN EXTREME HEAT

As we continue to experience hot temperatures in August, healthcare professionals need to be especially mindful to understand, assess and mitigate the risks facing vulnerable members of our society including seniors.

Heat stroke is the most serious heat-related illness. It occurs when the body can no longer control its temperature wherein our body's sweating mechanism fails, and it can't cool down anymore.*



What are the symptoms of heat stroke? **

- Hot, dry skin or profuse sweating
- Confusion
- Loss of consciousness
- Seizures
- Very high body temperature

*www.cdc.gov/disasters/extremeheat/warning.html

**www.ccohs.ca/oshanswers/phys_agents/heat/heat_health.html#:~:text=Heat%20stroke%20is%20the%20most,or%20partial%20loss%20of%20consciousness.

What are the first aid steps for heat stroke? **

- Call 911 immediately. Heat stroke is a medical emergency.
- Stay with the person until help arrives.
- Move to a cooler, shaded location.
- Remove as many clothes as possible (including socks and shoes).
- Wet the person's skin and clothing with cool water.
- Apply cold, wet cloths or ice to head, face, neck, armpits, and groin.
- Do not try to force the person to drink liquids.

STUDENT AID BC'S POLICY CHANGE ON FULL TIME WORK

StudentAid BC's "Primary Occupation" policy has been eliminated for Program Year 2023-24 ***The elimination of the policy means that those applying for student loans no longer have a limit on how many hours they can work while they are studying!!***

This policy change applies to any students starting their program as of August 1, 2023. Current loan borrowers and students who started before August 1, must continue to comply with the prior policy.

Contact Gurpreet at GSaran@na.drakeintl.com for further questions.

SOME UPDATES FROM ON OUR DRAKE MEDOX COLLEGE TEAM



During the last quarter, and since joining our team, **Chantal** has brought forward and implemented numerous recommendations which have had a positive impact on the learning experience and outcomes of our Activity Assistant students.

Here are just a few quotes from some of her past students:

“Best instructor I have ever had.”

“**Chantal is passionate, hardworking and knowledgeable.**”

“I am learning so many new things from Chantal including how it’s really the smallest things that make a difference.”

“Amazing teacher. I feel so blessed.”

CONGRATULATIONS CHANTAL CARDOSO: INSTRUCTOR OF THE QUARTER AWARD

On August 5th, our director **Barbara** will celebrate her **60th Birthday!** Barb has been a part of Drake Medox College since 1986 and continues to lead our team in our goal to inspire, educate, and change lives! Thank you, Barbara, for your unmatched leadership and support to all our staff and students.



HAPPY 60TH BIRTHDAY, BARBARA!



Our Practicum & Quality Assurance Supervisor is bidding the team farewell as of August 5 to accept employment in Calgary. Miranda has been a member of the Drake Medox family since 2018. She started in Student Services, and in recognition of her dedication and growth, was promoted to supervisor. Miranda's talents and enthusiasm in supporting students and colleagues will be immensely missed. We wish you **good luck in all your future endeavors, Miranda!**

Jastin Lozano, from Student Services, will be assuming Miranda's role as Practicum Coordinator.

GOOD LUCK, MIRANDA!

JOIN OUR NEXT ACTIVITY ASSISTANT CLASS ON SEPTEMBER 10

The **Activity Assistant Program** prepares students to enhance their clients' quality of life through a focus on activity and recreation such as crafts, games, exercise, and other social and cognitive activities. **Contact one of our Education Advisors at 604-629-0196** to enhance your HCA training and increase your employability with dual certification as both a Health Care Assistant and Activity/Recreation Assistant.